



Tuesday, 8 September 2020

Dear Sir/Madam

A meeting of the Leisure and Health Committee will be held on Wednesday, 16 September 2020 in the Microsoft Teams Meeting, commencing at 7.00 pm.

Should you require advice on declaring an interest in any item on the agenda, please contact Interim Monitoring Officer at your earliest convenience.

Yours faithfully

Chief Executive

To Councillors: S A Bagshaw
D Bagshaw (Vice-Chair)
M J Crow
S Easom
S Kerry
H G Khaled MBE
P Lally

H Land
R D MacRae
G Marshall
J P T Parker
P D Simpson
I L Tyler (Chair)

AGENDA

1. APOLOGIES

To receive any apologies and notification of substitutes.

2. DECLARATIONS OF INTEREST

Members are requested to declare the existence and nature of any disclosable pecuniary interest and/or other interest in any item on the agenda.

3. MINUTES

(Pages 1 - 4)

To approve the minutes of the previous meeting held on 10 June 2020

4. BUSINESS PLAN REVIEW PROGRESS - HEALTH (Pages 5 - 12)

To report progress against outcome targets identified in the Health Business Plan, linked to Corporate Plan priorities and objectives, and to provide an update as to the latest key performance indicators therein.

5. MENTAL HEALTH SUPPORT FOR RESIDENTS (Pages 13 - 18)

To advise members of services available to residents of the borough in respect of mental health.

6. SUPPORT FOR PEOPLE LIVING WITH DEMENTIA (Pages 19 - 24)

To inform Councillors of the experience of people living with dementia during the Covid 19 pandemic and suggest an initiative to support this group.

7. WORK PROGRAMME (Pages 25 - 26)

To consider items for inclusion in the Work Programme for future meetings.

LEISURE AND HEALTH COMMITTEE

WEDNESDAY, 10 JUNE 2020

Present: Councillor I L Tyler, Chair

Councillors: S A Bagshaw
D Bagshaw
S J Carr (substitute)
M J Crow
R I Jackson (substitute)
E Kerry (substitute)
H G Khaled MBE
L A Lally (substitute)
P Lally
H Land
J P T Parker
P D Simpson

Apologies for absence were received from Councillors S Easom, S Kerry, R D MacRae and G Marshall.

1 DECLARATIONS OF INTEREST

Councillors D Bagshaw and I L Tyler declared a non-pecuniary interest in item 5 as Board members of Liberty Leisure Ltd, minute number 3 refers.

2 MINUTES

The minutes of the meeting held on 22 January 2020 were confirmed as a correct record, subject to the amendment that the issue of the allocation of funding for The Studio had been deferred pending further information.

3 PERFORMANCE MANAGEMENT - REVIEW OF BUSINESS PLAN PROGRESS - HEALTH

Members were informed that the Dementia Action Plan had not yet been approved as stated in the report. The Child Poverty Action Plan was under review. It would return to this Committee as a result. All sections would be reviewed due to the effects of Covid-19. Well Being at Work Accreditation had not yet been achieved as the administrator, Nottinghamshire County Council, was redeveloping the scheme.

4 PERFORMANCE MANAGEMENT - REVIEW OF BUSINESS PLAN PROGRESS - LIBERTY LEISURE LIMITED

It was confirmed that an Extraordinary Policy and Performance Committee meeting would be held to discuss the options available for leisure facilities in Kimberley following the notice to terminate the joint use agreements at Kimberley School from the Chief Executive of the East Midlands Trust, on 23 April 2020.

The following amendment was proposed by Councillor R I Jackson and seconded by Councillor M J Crow:

“An urgent meeting be requested prior to the Extraordinary Policy and Performance Committee meeting to establish the stance from the East Midlands Trust.”

The amendment, on being put to the meeting, was lost.

Members were updated on the measures taken to prepare leisure centres for re-opening due to the Covid-19 lockdown. Splash screens would be installed in receptions, sanitiser stations and PPE would be provided. Training would be arranged for all leisure centre staff. A new business plan would be needed due to the effects of the pandemic. A new accessible website was planned.

5 TOBACCO CONTROL ACTION PLAN

The Committee noted the actions the Authority had undertaken through its work with the Local Strategic Partnership (LSP) to support residents to live well. Smoking was still a major health risk within the borough and raising awareness of this was a priority. Prior to the Covid-19 lockdown, Stop Smoking clinics had been held at the Council office and had been a success. A mobile Stop Smoking bus had also been effective in Stapleford. Smoking in pregnancy was a concern.

Possible signage was proposed as was making areas such as parks smoke free. It was confirmed that all policies would be looked at including the issue of vaping. The issue of cannabis use would be raised at the next Health and Wellbeing Board meeting.

RESOLVED that the Tobacco Control Action Plan 2020-22 be approved.

6 COVID 19: COMMUNITY HEALTH IMPACT AND COMMUNITY RESPONSE

The Committee was updated on the steps the Council had taken in response to the community health and wellbeing aspects of Covid-19. The Office for National Statistics figures showed that the virus had affected every ward of the borough. Physical and mental health had been affected with many residents housebound for weeks and reliant on support. The community had rallied round those in need with almost £20,000 being raised through the community appeal. Community Centres had played a crucial role but the voluntary sector was not universal in all areas of the borough. The voluntary sector would be mapped to identify gaps and weaknesses.

RESOLVED that the recommendations in appendix 5 of the report be approved.

7 WORK PROGRAMME

The Committee considered the Work Programme and agreed the inclusion of items regarding the Leisure Strategy Report and the Covid-19 response.

RESOLVED that the Work Programme, as amended, be approved.

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Report of the Chief Executive and Assistant Chief Executive

**PERFORMANCE MANAGEMENT – REVIEW OF BUSINESS PLAN
PROGRESS – HEALTH**1. Purpose of Report

To report progress against outcome targets identified in the Health Business Plan, linked to Corporate Plan priorities and objectives, and to provide an update as to the latest key performance indicators therein.

2. Background

The Corporate Plan 2020-2024 was approved by Council on 4 March 2020. Business Plans linked to the five corporate priority areas of Housing, Business Growth, Environment, Health and Community Safety are subsequently approved by the respective Committees each year.

3. Performance Management

As part of the Council's performance management framework, each Committee receives regular reports during the year which review progress against their respective Business Plans. This will include a detailed annual report where performance management is considered following the year-end.

This report is intended to provide this Committee with an overview of progress towards Corporate Plan priorities from the perspective of the Health Business Plan. It provides a summary of the progress made to date on key tasks and priorities for improvement in 2020/21 and the latest data relating to Critical Success Indicators (CSI) and Key Performance Indicators (KPI). This summary is detailed in appendix 1.

The content of this report is based upon data required to demonstrate progress with the Business Plan. The Council is currently reviewing its corporate performance reporting arrangements, including the content of regular reports to Committees. Members are invited to comment upon the format, level and content of data provided for future reports.

Recommendation

The Committee is asked to CONSIDER the progress made in achieving the Key Tasks and Actions in the Health Business Plan 2020/23, to NOTE performance in relation to the current CSI and KPI for 2020/21.

Background papers

Nil

APPENDIX 1

PERFORMANCE MANAGEMENT1. Background - Corporate Plan

The Corporate Plan for 2020-2024 was approved by Cabinet on 4 March 2020. This plan sets out the Council's priorities to achieve its vision to make "A Greener, Safer and Healthier Broxtowe where everyone prospers." Over the period, the Council will focus on the priorities of Housing, Business Growth, Community Safety, Health and Environment.

The Corporate Plan prioritises local community needs and resources are directed toward the things they think are most important. These needs are aligned with other local, regional and national plans to ensure the ambitions set out in our Corporate Plan are realistic and achievable.

2. Business Plans

Business Plans linked to the five corporate priority areas, including Housing, were approved by the Full Council on 4 March 2020, following recommendations from the respective Committees in January/February 2020.

The Council's priority for Health is to "support people to live well". Its objectives are to:

- Promote active and healthy lifestyles in every area of Broxtowe (He1)
- Come up with plans to renew our leisure facilities in Broxtowe (He2)
- Support people to live well with dementia and support those who are lonely or have mental health issues (He3)

The Business Plans detail the projects and activities undertaken in support of the Corporate Plan for each priority area. These cover a three-year period and are revised and updated annually. Detailed monitoring of progress against key tasks and outcome measures in the Business Plans is undertaken regularly by the relevant Committee. This will include a detailed annual report where performance management and financial outturns are considered together following the year-end as part of the Council's commitment to closely align financial and performance management.






3. Performance Management

As part of the Council's performance management framework, this Committee receives regular reports of progress against the Health Business Plan. This report provides a summary of the progress made to date on key tasks and priorities for improvement in 2020/21 (as extracted from the Pentana Risk performance management system). It also provides the latest data relating to Critical Success Indicators (CSI) and Key Performance Indicators (KPI).






The Council monitors its performance using the Pentana Risk performance management system. Members have been provided with access to the system via a generic user name and password, enabling them to interrogate the system on a 'view only' basis. Members will be aware of the red, amber and green traffic light symbols that are utilised to provide an indication of performance at a particular point in time.

The key to the symbols used in the Pentana Risk performance reports is as follows:







Action Status Key



Icon	Status	Description
	Completed	The action/task has been completed
	In Progress	The action/task is in progress and is currently expected to meet the due date
	Warning	The action/task is approaching its due date (and/or one or more milestones is approaching or has passed its due date)
	Overdue	The action/task has passed its due date
	Cancelled	This action/task has been cancelled or postponed

Performance Indicator Key





Icon	Performance Indicator Status
	Alert
	Warning
	Satisfactory
	Unknown
	Data Only

Health Key Tasks and Priorities for Improvement 2020/21







Status	Code	Action Title	Action Description	Progress	Due Date	Comments
In Progress 	COMS(H)2 023_01	Produce a new Leisure Facilities Strategy	To have a strategy that details maintaining the provision of three leisure facilities with a costed timetable to replace two of the existing facilities	0%	Mar-2023	Work is continuing on a new Leisure Facilities Strategy which it is hoped to bring to Committee in Autumn 2020.
Completed 	COMS 1821_13	Produce Food Service Plan 2020	To have a 'fit for purpose' Food Service Plan" which informs activity in this area	100%	Jun-2020	Approved by Community Safety Committee on 25 June 2020. Activities within the plan are being implemented.
Completed 	COMS 1821_14	Produce DEFRA Annual Air Quality Status report	An annual task relating to the Climate Change plan.	100%	Jun-2020	The latest Air Quality Report 2020 was submitted to DEFRA in June 2020. Awaiting feedback.
In Progress 	COMS 2023_03	Produce an updated Health and Older People Partnership Action Plan	Improvement in the health and wellbeing (including mental health) of people in the borough, particularly older people	0%	Jul-2020	Officer delivering action redeployed from substantive role to role delivering the COVID-19 Hub from March to July. Work is underway on preparing the Acton Plan to be presented to this Committee in Autumn 2020.
Completed 	COMS 2023_04	Produce a Youth Action Plan	Actions to respond to the needs of young people in Broxtowe	100%	Mar-2021	A new Child Poverty Action Plan will be presented to Leisure and Health Committee in September 2020
Completed 	COMS 2023_06	Produce an updated Child Poverty Action Plan	Reduction of child poverty levels in the borough	100%	Mar-2020	A new Child Poverty Action Plan will be presented to Leisure and Health Committee in September 2020





Status	Code	Action Title	Action Description	Progress	Due Date	Comments
In Progress 	COMS 2023_07	Produce an updated Children and Young Persons Partnership Action Plan	Improvement in the wellbeing of people in the borough, particularly children and young people	0%	Nov-2020	Officer delivering action redeployed from substantive role to role delivering the COVID-19 Hub from March to July. Actions from the 2019/20 plan expected to conclude by October 2020, subject to COVID-19 restrictions being lifted. The 2020/22 plan is being developed and is expected to commence in the Autumn of 2020.
Completed 	COMS 2023_13	Produce an updated Dementia Partnership Action Plan	Improved awareness of issues surrounding dementia and better access to support for those with dementia and their carers / families	100%	Apr-2020	The Dementia Action Plan was approved by Leisure and Health Committee in January 2020.

Health Critical Success Indicators 2020/21

Status	Code / Short Name	Frequency	2018/19 Achieved	2019/20 Achieved	2020/21 Q1	2020/21 Target	Notes
Amber 	ComS_092 Personal wellbeing score for the Borough (out of 10)	Annually	7.8	7.1	n/a	7.9	
Green 	ComS_090 Air Quality – number of NO2 diffusion tube samples with annual mean reading at or below 40 micrograms m-3	Annually	-	100%	n/a	100%	40 tests completed in 2019/20
Amber 	ComS_091 Dementia Friends trained	Annually	-	90	n/a	80	Training of Dementia Friends in 2020 has been suspended due to COVID-19
Green 	LLLocal_G09 Percentage of Inactive Adults in Broxtowe	Annually	18.4	-	n/a	-	Data from Sport England available from October/November

Health Key Performance Indicators 2020/21

Status	Code / Short Name	Frequency	2018/19 Achieved	2019/20 Achieved	2020/21 Q1	2020/21 Target	Notes
Red 	COMS_087 High risk licensed premises where there is a change of Premises Supervisor	Quarterly	90%	33%	0%	100%	In 2019/20 a number of visits were not undertaken due to the Licensing Officer vacancy. Premises were monitored in consultation with Police Licensing Team No inspections have been undertaken to licensed premises due to COVID-19. The premises were monitored in consultation with the Police Licensing Team. A new part time Enforcement Officer will be in place from August 2020.
Data Only 	ComS_041 Food Complaints/ Service Requests	Annually	204	172	n/a	-	Annual figure.
Data Only 	ComS_042 Infectious Disease notifications	Annually	32	28	-	-	Annual figure.
Red 	Coms_048 Food Inspections: High Risk	Quarterly	100%	98%	0%	100%	Following government direction due to the COVID-19 lockdown, no proactive inspections conducted. Advise to businesses with a change of operating status and targeted interventions at higher risk premises is being provided.
Amber 	Coms_049 Food Inspections: Low Risk	Quarterly	69%	96%	0%	100%	Following government direction due to the COVID-19 lockdown, no proactive inspections conducted.
Amber 	ComS_050 Food Complaints responded to within timescales	Annually	97%	97%	-	100%	Annual figure.

Status	Code / Short Name	Frequency	2018/19 Achieved	2019/20 Achieved	2020/21 Q1	2020/21 Target	Notes
Green 	ComS_051 Infectious Disease notifications responded to within timescales	Annually	91%	100%	-	100%	Annual figure.
Green 	ComS_055 Air Quality: Inspection of authorised / permitted processes	Annually	100%	100%	-	100%	Annual figure.
Amber 	ComS_056 Public Health: Response to complaints within timescales	Annually	99%	99%	-	100%	Annual figure.
Red 	ComS_057 Public Health: Response to consultations	Annually	95%	94%	-	100%	Annual figure.

Report of the Chief Executive

MENTAL HEALTH SUPPORT FOR RESIDENTS

1. Purpose of report

To advise members of services available to residents of the borough in respect of mental health.

2. Background

Everyone’s mental health fluctuates. We all have periods of low mood, stress and anxiety. But it becomes a mental health problem once this carries on over a long period of time, affecting the way a person lives and thinks, making it hard to cope at times. A mental health problem could include:

- stress
- anxiety
- depression
- eating disorders
- dementia
- psychosis
- paranoia
- personality disorders

According to the most recent Adult Psychiatric Morbidity Survey (APMS) undertaken in 2014 and published in 2016, one in six (17%) of people over the age of 16 had a common mental health problem in the week prior to being interviewed for the survey. This is an increase from the 2007 survey, where the figure was 16.2%. Nearly half (43.4%) of adults think that they have had a diagnosable mental health condition at some point in their life. In 2014, 19.7% of people in the UK aged 16 and older showed symptoms of anxiety or depression

Mental health is a widespread and common issue affecting people from all walks of life, and yet it still remains one of the most difficult things to talk about. .

Although Broxtowe Borough Council isn’t a provider of mental health services, officers do have some direct involvement with cases as well as signposting to the variety of organisations and services which can offer help to deal with mental health issues. Further details on some of these services are shown in the appendix.

Recommendation

Committee is asked to NOTE the report.

Background papers

Nil

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General Practitioner Service

Most low level mental health issues are successfully treated and managed through the NHS GP service. Initially, advice is given and where appropriate, a referral made to the “Let’s Talk” counselling service. Where this is unsuccessful in managing the condition, medication may be prescribed if appropriate. For more serious cases where a more in-depth mental health diagnosis is required, clients are referred to the Local Mental Health Teams for more specialist management.

Local Mental Health Teams

The Local Mental Health Teams provide mental health services for people aged 18 to 65 years across Nottingham City, Nottinghamshire County and Bassetlaw. There are eleven Local Mental Health Teams, each of which includes the following specialist staff: Mental Health Nurses, Occupational Therapists, Psychologists, Psychiatrists, Community Support Workers, Peer Support Workers and Employment Specialists.

The service in Broxtowe is Broxtowe & Hucknall Local Mental Health Team, The Hope Centre, Dovecote House, 38 Wollaton Road, Beeston, Nottingham, NG9 2NR Tel: 0115 854 1271

The Local Mental Health Teams have brought together the following services: Assertive Outreach, Community Rehabilitation, Community Assessment Treatment Services, City Recovery Service, Early Intervention in Psychosis, Social Inclusion and Wellbeing, Community Occupational Therapy Service, Medical Services.

Staff have the skills to help people to cope with periods of severe mental illness and work on their personal path of recovery. They work with people who have a wide range of mental health difficulties. Some may require short term intervention and sometimes longer term care plans will be put in place. They also work with carers and families involved in providing care.

Support offered can include:

- Psychological support and therapies
- Identification of social care needs and ways of meeting those needs
- Practical support
- Occupational therapy
- Medication
- Recovery work and support groups
- Employment course
- Links to wider community resources
- Signposting and advice

Mental Health Helpline

The Nottinghamshire Mental Health Helpline (0300 555 0730) is available 9-5pm Monday to Friday for anyone who needs emotional support or information about what help is available locally for people struggling with their mental health. Professionals are also welcome to call the helpline for advice on working with patients with mental health issues.

A team of supportive mental health workers are on hand to provide information and advice e.g. techniques that people can use to manage anxiety. They will also be able to direct people to other services where needed.

The helpline website also includes useful information about a range of common mental health issues such as anxiety and low mood and how to promote feelings of wellbeing.

The helpline is delivered on behalf of Nottinghamshire Healthcare by Turning Point, a national social enterprise, which has provided specialist mental health services on behalf of the NHS in Nottinghamshire for over 30 years including a residential crisis service and also transitional residential support for people following a stay on a mental health ward.

Mental health crisis helpline

Nottinghamshire Healthcare Foundation Trust have a mental health helpline for local people in crisis.

The helpline number is 0300 303 0165 and is available to anyone in mental health crisis at anytime, anywhere across Nottingham and Nottinghamshire.

Available 24 hours a day, seven-days a week, it's the number to call if anyone is experiencing a mental health crisis and in need of immediate help. It's open to people of all ages who need urgent mental health support.

Notts Help Yourself website

www.nottshelpyourself.org.uk

The Notts Help Yourself website is designed to help people find information about a whole range of organisations and services in the county including:

- activities, groups and events in the local community
- childcare providers
- support for children and young people aged 0 – 25 with a special educational need and / or a disability
- health and social care information and support for adults and children

Searches can be made by topic or district. The website has details and contact information for 123 organisations providing services in Broxtowe under the heading "Social, emotional, and mental health needs".

Every Mind Matters website

www.nhs.uk/oneyou/every-mind-matters/

This NHS website has expert advice and practical tips to help people look after their mental health and wellbeing. The website also contains links to provide information for people who may need urgent assistance.

NHS Choices website

www.nhs.uk/conditions/stress-anxiety-depression/

This website provides information and advice on a range of mental health issues.

Complex Case Panel

This is a group convened and chaired by Broxtowe Borough Council. It is made up of officers from various partner organisations and meets on a monthly basis. The aim of the group is to share information in order to inform discussion of individual cases where a person has complex needs which, for whatever reason, appear not to be met and individual agencies have been unable to resolve. This may be because they just fall short of various thresholds, or they are failing to engage, or for other reasons. The officers will discuss the case and ensure that whatever help and support can be provided is made available to the individual. Many of the cases involve residents with mental health or substance misuse issues and self-neglect.

Middle Street Resource Centre

Middle Street Resource Centre (MSRC) provides support for people with lived experience of mental health issues. They are based in Beeston and cover the Greater Nottingham and surrounding areas. They have two main support groups which are the Mind Set Programme and the Next Step Network. They are professionally managed with support from volunteers.

Hope Centre

Hope Nottingham is a Christian charity, working with local churches and community groups to serve those in need in neighbourhoods all around Nottingham.

Hope House in Beeston has become a one-stop community support centre, working in partnership with many local agencies, to provide a place of trust and transformation for local people.

This includes help with addiction and access to counselling; life skills and volunteering opportunities; practical support with clothing and Foodbank; law centre advice sessions; homeless and mental health support; housing and advocacy support.

Eastwood Mental Health Hub

The Eastwood Mental Health Hub is a service created by Citizens Advice and Mind and part funded by Broxtowe Borough Council, to promote mental health well-being along with providing advice on issues such as debt, benefits, letters from official organisations, forms, housing, penalty charges and more.

The Eastwood Mental Health Hub is being run by an Early Intervention Advocacy Caseworker and a Mind Mental Health Caseworker.

This is a relatively new service aimed at preventing and reducing crisis whether it be mental health crisis or an issue that needs regular intervention. There are one to one sessions, group activities, mindfulness awareness events, and arts and crafts in order to promote better mental health.

Report of the Chief Executive**SUPPORT FOR PEOPLE LIVING WITH DEMENTIA**1. Purpose of report

To inform Councillors of the experience of people living with dementia during the Covid 19 pandemic and suggest an initiative to support this group.

2. Detail

The council has a vision to be an area where people with dementia are supported to live well. The Council has an annual dementia action plan; is active in training dementia friends; and has undertaken new initiatives such as building dementia friendly bungalows. Appendix 2 sets out the results of a recent survey the findings of which indicate that people living with dementia and their carers have struggled significantly. There is more of a need than ever to support these residents.

The Committee previously considered a proposal to support people living with dementia to access a new facility run by a Community Interest Company, Imagine ArtsDem Broxtowe, with the following aims:

- To work with individuals with dementia and their carers to develop a place where people with dementia feel welcome and at ease.
- To support carers in the ways that best meet their needs, including respite.
- To apply research and practice knowledge about dementia and the arts to benefit people with dementia and their carers.
- To be a resource for the local community (Broxtowe and surrounding areas).
- To be a centre of excellence in dementia care and support.

Sessions for people living with dementia last a morning or an afternoon and cost £35 per session. The Carer can leave the person in their care with the providers during the session, so the project provides carers with a break as well as enabling participation in artistic related projects for the participant.

The committee deferred a decision and requested more details. An invitation was made to attend the centre at Padge Rd in Beeston, and some Councillors attended. A proposition is set out in appendix 1 for Members to consider.

3. Financial implications

A budget of £10,000 for mental health initiatives was included in the 2019/20 revenue budget.

Recommendation

The Committee is asked to RESOLVE whether to support the proposal in appendix 1 of the report.

Background papers

Nil

APPENDIX 1

The proposal is that a voucher system be made available for people with dementia to enable them to access sessions at the studio at a subsidised cost. A morning or afternoon session currently costs £35. It is proposed that a beneficiary would be able to access, through the voucher system, (blocks of £5 vouchers) a maximum of 5 sessions per individual.

Carers' Champions in GP surgeries and the Community Mental Health Team would allocate 20 'sets of vouchers' which would be designed similar to those on the attached proof. (The Council's logo could be included). The terms & conditions are on one side and a set of 35 x £5 vouchers on the other.

Volunteer drivers, would be recruited to help people who have no access to transport. At this stage in the pandemic it will probably be difficult for this aspect to operate safely, however the centre itself is operating in a covid secure manner so the risks are well controlled.



Lockdown Impact on Dementia Care in the Community

SURVEY SUMMARY

August 17th, 2020

Unpaid dementia carers look after about 600,000 people with dementia who live in their own homes in the UK, saving the state billions of pounds per year. Without these 'informal' carers, many people with dementia would face long-term care admission against their wishes, and greater costs of care would fall to the taxpayer. Our survey, completed by 75 dementia carers, describes their experience of the UK lockdown (March-July, 2020). Findings suggest that national policy and local planning need to offer carers more help if/when another lockdown happens. [The report](#) presents the detailed survey results and recommends six strategies for improving the lot of dementia carers.

Sometimes I feel fine, other times I have felt desperate, sad, angry, resentful, guilty - and lonely because I don't want my family to know how bad I feel.

Lockdown had negative effects on carers' wellbeing. It deprived them of the support and activities they need to look after individuals with dementia. **National policy and lockdown strategy should:**

1. Recognise carers as key workers.
2. Treat the caring dyad as a single person

for shopping, forming social bubbles and similar.

3. Give dementia carers the help they need to continue under lockdown.

Lockdown caused excess disability in people with dementia, who need responsive health care, social contact, exercise and cognitive stimulation to resist deteriorating with the disorder. **Commissioners and professional bodies should:**

4. Find ways to deliver health services to people with dementia in their own homes, particularly chiropody, audiology, GP consultations and dentistry.

The decline in both cognition and physical health since the beginning of lock down has been shockingly quick.

Nothing had been put in place by his social worker as to what would happen to him if I, as his sole carer, became ill with coronavirus.

Local authorities and community organisers should:

5. Maintain a register of dementia carers who may need support to continue caring under lockdown conditions.
6. Provide targeted care management for these households to prevent carer breakdown.

With appropriate virus control measures where necessary, this **care management should include:**

- a. Personalised activity plans and materials for people with dementia to use if restricted to home.
- b. Home companionship, home care and residential respite care, treated as essential services.
- c. Proactive telephone support and expert counselling where needed.
- d. Face to face visits to monitor the caring situation and reassure some carers.
- e. Access to expert dementia advice and information about obtaining practical help for personal care and home maintenance.

All the support I had in place for us both was suddenly taken away which was a frightening experience and I felt very isolated.

We have been badly let down and some of us left to die, or wanting to die. Some of us (at times me) would have welcomed Covid-19.

Further information

The full report can be downloaded here: www.thebeestonstudio.uk/lockdown-survey

Declaration of interests

This survey and its dissemination were funded by the National Lottery/Arts Council England through a Covid-19 emergency response fund grant (ORGR00242083) made to The Studio at Padge Road (www.thebeestonstudio.org). Justine Schneider who designed and analysed the survey is one of three unpaid directors of The Studio and received no remuneration for this work.



Client name:

VOUCHERS



A place to create and connect

Referrer name: _____ Referral date: ____/____/2020

For office use only:

Intro date: ____/____/2020

Vouchers void after : ____/____/2020

Contact Karyn for bookings and enquiries 07543534336

Email: thestudio@imagineartsdem.co.uk Website: www.thebeestonstudio.uk

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£5	£5	£5	£5	£5	£5	£5
£5	£5	£5	£5	£5	£5	£5
£5	£5	£5	£5	£5	£5	£5
£5	£5	£5	£5	£5	£5	£5
£5	£5	£5	£5	£5	£5	£5

TERMS AND CONDITIONS

These terms and conditions relate to the redemption of vouchers for The Studio. These vouchers have no cash value. They can be used only towards day care and food at The Studio at Padge Road, Beeston. We reserve the right to vary or discontinue the voucher scheme at any time. We reserve the right to discontinue the voucher scheme for individuals whose needs The Studio cannot meet, at the discretion of its manager.

USING A VOUCHER

A session normally costs £35. The value of this set of vouchers is equivalent to the price of 5 sessions (3 hours, except for the introductory session which may be shorter). Vouchers may be used towards the full cost, or in part payment of a session (from £5-£30). The amount will be marked off when used and a record kept at The Studio. One set of vouchers will be issued per individual with dementia. They can only be used by the named client. Vouchers must be activated by attending The Studio within 6 weeks of the date they are issued by the referrer or they become void. Once activated, they must be used within 6 months (26 weeks) of the activation date or they become void.

BOOKING AND CANCELLATION

Attendance is subject to availability of places at The Studio. Please book well in advance by phone or email. **You must book at least 48 hours before you plan to attend.** If cancelling with at least 48 hours' notice, the vouchers will not be affected. **Vouchers will be charged for cancellations with less than 48 hours' notice** to the full value of the session booked (£35).

LAW AND JURISDICTION

These terms and conditions will be governed by English law. Any claim arising out of or in connection with these terms shall be subject to the non-exclusive jurisdiction of the courts of England and Wales.

Report of the Strategic Director

WORK PROGRAMME

1. Purpose of Report

To consider items for inclusion in the Work Programme for future meetings.

2. Background

Items which have already been suggested for inclusion in the Work Programme of future meetings are given below. Members are asked to consider any additional items that they may wish to see in the Programme.

November 2020	<ul style="list-style-type: none"> • Performance Management –Review of Business Plan Progress • Digital Cemetery Records • Leisure Strategy Report • Covid 19 response
20 January 2021	<ul style="list-style-type: none"> • Business Plans and Financial Estimates 2021/22-2023/24

<u>Recommendation</u>

The Committee is asked to CONSIDER the Work Programme and RESOLVE accordingly.

Background papers

Nil

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